

VOLUNTEER INTRODUCTION DATE:

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•	nteering at the Cowichan Sportsplex! health & vitality in our community.
Your Name (Please print):	
Phone Number (Home):	Email:
Phone Number (Cell):	
Where did you hear about voluntee	ring at the Cowichan Sportsplex?
What are your hobbies or interests about you?	? What else would you like us to know
What categories of volunteering are	e you interested in?
Office Work	Janitorial
Landscaping	Events
Grounds Maintenance	Photography
Concession	Social Media
Other	

What days/times are best for you?

What days/times don't work for you?

Can we add you to our Volunteer email list? Yes/No

Record Check: Before volunteering at the Cowichan Sportsplex you will be asked to complete an online Criminal Record Check at no cost to you.